

Boys COS 2018 Schedule

Session	Level	Day	Arrive	Gen Stretch	Coaches Mtg	Flight A warmup	Intro	Competition	Awards
E1	Lv 61/62	Friday	11:45am	12:00pm	12:10pm	12:20pm	12:35pm	12:45pm-4:15pm	Rm 144
E2	Lv J1/J2	Friday	4:45pm	5:00pm	5:10pm	5:20pm	5:35pm	5:45pm-8:45pm	Rm 144
E3	Lv 71/72/8	Saturday	7:45am	8:00am	8:10am	8:20am	8:35am	8:45am-11:45am	Rm 144
E4	Lv 9	Saturday	12:15pm	12:30pm	12:40pm	12:50pm	1:05pm	1:15pm-4:15pm	Rm 144
E5	Lv 10	Saturday	4:45pm	5:00pm	5:10pm	5:20pm	5:35pm	5:45pm-8:45pm	Rm 144
E6	Lv 51/52	Sunday	7:45am	8:00am	8:10am	8:20am	8:35am	8:45am-11:45am	Rm 144
E7	Lv 41/42	Sunday	12:45pm	1:00pm	1:10pm	1:20pm	1:35pm	1:45pm-4:15pm	Rm 144

** ALL SESSIONS CAPITAL FORMAT**